

Healthy.io ACR testing

The NHS has commissioned Health.io, as part of a national NHS programme, to deliver at home urine test kits using a smartphone to assess your kidney function. It forms part of your diabetes review.

You have been invited to take part in this home delivery service because our records indicate that you are a patient living with Type 1 or Type 2 diabetes. If this is incorrect then please contact the surgery on 01453 883793

How does it work?

1. **Receive an initial text.** A member of the Health.io team will contact you to explain the service, answer any questions and help you download the app.
2. **Self-test at home using the test kit and app.** You will receive a Minuteful test kit at home. Follow the instructions in the app to perform the test.
3. **Results shared with your GP team.** If your results are abnormal, we (your GP) will contact you to perform a follow-up test. If your results are normal, no further action is required.

ACR project for patients with diabetes

The data is being processed for the purpose of delivery of a programme, sponsored by NHS Digital, to monitor urine for indications of chronic kidney disease (CKD) which is recommended to be undertaken annually for patients at risk of chronic kidney disease e.g., patients living with diabetes. The programme enables patients to test their kidney function from home. We will share your contact details with Healthy.io to enable them to contact you and confirm that you wish them to send you a test kit. This will help identify patients at risk of kidney disease and help us agree any early interventions that can be put in place for the benefit of your care. Healthy.io will only use your data for the purposes of delivering their service to you. If you do not wish to receive a home test kit from Healthy.io we will continue to manage your care within the Practice. Healthy.io are required to hold data we send them in line with retention periods outlined in the Records Management code of Practice for Health and Social Care. Further information about this is available at <http://bit.ly/uACRtest>.

ACR Testing (Urine albumin to creatinine ratio testing)	<p>Purpose: to ensure appropriate adherence with the urinary albumin test for people living with conditions that make them at risk of chronic kidney disease.</p> <p>We work with Health.IO to contact patients and provide home ACR test kits.</p> <p>Patients will be able to opt out of this service.</p> <p>Legal Basis : Article 6(1)(e); “necessary... in the exercise of official authority vested in the controller’ And Article 9(2)(h) as stated below</p> <p>Processor: Healthy.IO</p>
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