

Support During The Covid-19 Pandemic

Please see below details of key organisations that provide support you may find helpful during this period of time.



t: 01452 422660

email: helpteam@ageukgloucestershire.org.uk

www.ageuk.org.uk/gloucestershire

Age UK provides information and support and can help you access advice and guidance on a wide range of issues. Age UK also provides support to help you stay connected by matching people to volunteers for a chat.



t: 0300 111 9000

email: carers@peopleplus.co.uk

gloucestershirecarershub.co.uk

If you are looking after a relative or friend Gloucestershire Carers Hub can provide you with a wide range of services including advice and information, support groups, wellbeing payments, benefits and the Carers Emergency Scheme which is there to support your relative or friend if you become unwell and cannot provide the care and support that you usually do.



t: 0800 073 2200

www.letstalkglos.nhs.uk (Gloucestershire Health and Care Services NHS Trust)

Let's Talk offers talking therapies to adults in Gloucestershire who are experiencing stress or mild to moderate anxiety and / or depression.

Community Wellbeing Service

This service aims to provide support and to connect you with local services that can improve your general wellbeing – it covers areas such as: mental wellbeing, health and fitness, long term health conditions, social isolation, housing and environment, debt and finance.

Cotswolds: 07738 106384 / 01452 528491 email: cws.grcc.nhs.net

Cheltenham and Tewkesbury: 0300 365 64 63 email: glccg.ccpcommunitywellbeing@nhs.net

Gloucester: 0300 131 0024 email: hgl.communitywellbeing.gloucester@nhs.net

Stroud and B Vale: 0345 863 8323 email: communitywellbeing.stroud@nhs.net

Forest of Dean 01594 812447/ 810000 email: community.wellbeing@fdean.gcsx.gov.uk